



Are you looking for helpful parenting tips? Are you looking for parenting support or child development programs in your community? Or an opportunity to meet other parents with children aged 0 – 6? Parent Link will be offering a variety of programs in your community based on what parents want. Contact us to let us know your needs, or to register for programs. We look forward to supporting families so we can give children the best start in life!

Contact: Deb Goerzen @ 403-999-9202

Email: parentlinkcarstairs@telus.net

Visit : www.sundrepeople.ca

***Carstairs Parent LINK Centre - indoor play area
Parent Child Drop In Playtime***

Come join in the fun of play. Share with your child a variety of learning experiences, crafts, songs & games. Making a new friend for both you and your child is always a possibility. Parents/Caregivers of children 6 years of age and under are welcome to come and spend time together.

For dates and locations go to www.sundrepeople.com and check out Carstairs parent link.

Cost: FREE

1 2 3 4 Parents!

Learn more about why children do what they do and what we as parents can do to understand and cope. ***1234 Parents*** is a videobased interactive learning experience for parents and caregivers of children age 4 and under. ***Meet other caregivers and parents to talk about our greatest challenge ...being a parent.***

Date: TBA, based on interest – call to register and tell us your preference; daytime or evenings!

Cost: FREE